

65-100 Legend Ankle Brace Instructions

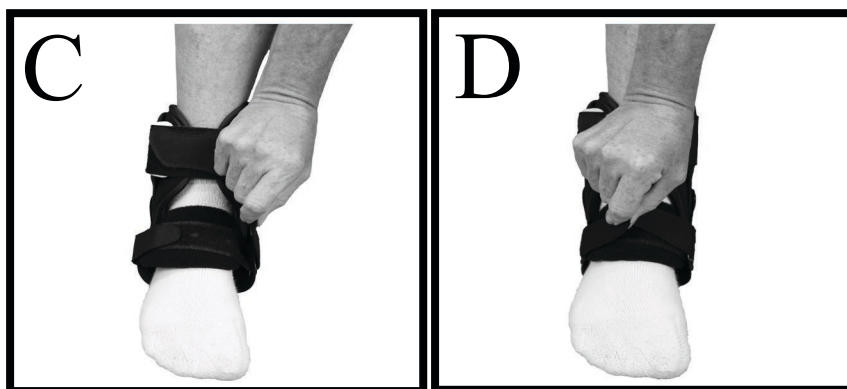
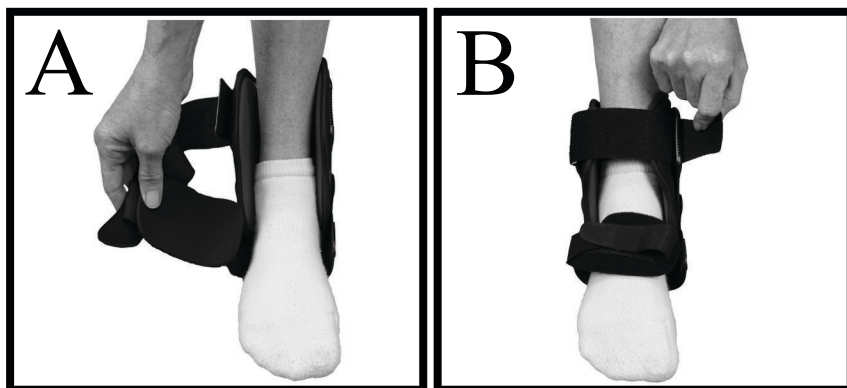
Before using this device please read the following instructions completely and carefully, and also carefully follow any instruction sgiven by your physiscian. Correct use is vital to the proper functioning of this device.

Indications:

- Acute ankle sprains
- Ankle instability
- Tendinopathy of the foot and ankle
- Pronation of ankle, foot-acquired

Instructions:

1. Remove brace from packaging. Loosen both top and bottom strap and place foot in brace. Picture A
2. Adjust and secure top strap. Picture B
3. Adjust and secure one side of bottom strap. Picture C
4. Adjust and secure other side of bottom strap, taking care to not overlap straps. If needed straps may be trimmed. Picture D
5. If needed side straps may be moved to lower slot for tighter fit. Picture E
6. Readjust straps as needed for a snug yet comfortable fit. Picture F



CLEANING INSTRUCTIONS

Hand wash in cold water with mild detergent. Air dry only. Do not dry clean, iron, or bleach, as it could cause damage and void the manufacturer's warranty.